

Revision Cracked

*Essential Guide to Revision
'What can Parents Do'*



Parental Do's and Don'ts

Do's	Don'ts
Discuss with your son/daughter what will be involved in revision and how you can help	Make comparisons with brother, sisters and so on.
Provide the environment necessary for success. Ideally they need a quiet, well lit place to study where interruptions are at a minimum.	Relate to much to when you were sitting exams or when you did revision.
Respond positively when they ask for help. Ask exactly how you can help and if you can't help immediately ask when.	Worry if their revision techniques seem strange or unusual.
Give plenty of praise and encouragement, stay calm and don't expect too much.	Make a battle over whether they listen to music or not whilst they revise.
Keep them well supplied with food and drink.	Distract them unnecessarily
Keep a low profile.	Expect them to study all the time taking some time out to relax will positively support the learning process.
Be prepared to listen when they need to talk about any problems or worries.	
Encourage regular breaks during long periods of revision.	
Encourage revision early in the day rather than late at night.	