

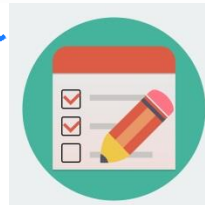
Revision Cracked

*Essential Guide to Revision
'Revision Sessions'*



Making a Topic Checklist

- For each subject make a topic check list. A sort of route map through the subject. Use the exam board specification this is the best and most helpful check list.
- Look at the topics and choose an order to tackle them. Choose any easy topic to start with as this boosts confidence.
- After each revision sessions tick off what you have covered and keep up to date with this so you don't waste time covered a subject you have already done.





Organising Time

- Spend time organising what you are going to so only 5-10 minutes.
- Set a definite start and finish time. AND STICK TO IT.
- Put your phone in a different room. Put your phone in a different room. Yes, put your phone in a different room, if it's there you will check it and it will distract you.
- If you are using a tablet or laptop avoid the need to play angry birds, check your Instagram, look at Facebook, answer emails, and watch youtube epic fails of 2015. These are all distractions....
- Work in god light as it helps keep you focussed and alert.
- Vary topics change every 20/30 minutes to avoid becoming bogged down.
- Walk around whilst reading notes keep moving and active.

- Keep a bottle of water nearby, dehydration leads to concentration levels decreasing.
- Keep track of time you spend on each subject.
- Give yourself something to look forward too. Have a reward at the end keep positive and maintain that positivity.

**BE
+
POSITIVE**

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+
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